



FREE
1.0
RN CE
RD CPEU*

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FOR THIS CONTINUING EDUCATION PROGRAM**

A Patient Centric Approach to Integrating Nutrition in Inflammatory Bowel Disease (IBD) Care

OBJECTIVES:

- Recognize the essential role of nutrition, alongside medications, in managing inflammatory bowel disease (IBD).
- Identify clinical nutrition goals and select evidence-based nutritional options to support them.
- Evaluate patients' interest or motivation in nutrition, as well as their available resources to support dietary changes.
- Discuss a clinical case study, using the IBD Nutrition Navigator™, for a patient with IBD.

MEETING INFORMATION:

Date: Tuesday, 7 October 2025

Time: 12:00 PM - 1:00 PM ET

Location: Webinar

[CLICK HERE](#)
or scan the QR code to register



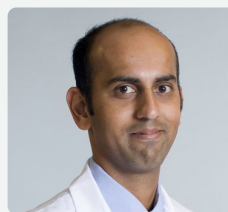
FACULTY:



MODERATOR:

JOHN STUTTS
MD, MPH

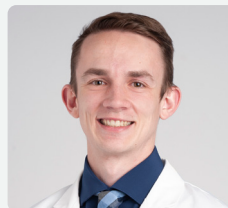
Pediatric Gastroenterology
Medical Director, Pediatrics, Abbott



SPEAKERS:

**ASHWIN
ANANTHAKRISHNAN**
MD, MPH, FACC, AGAF

Associate Professor of Medicine
Massachusetts General Hospital



DAVID GARDINIER
RD, LD

IBD and Celiac Disease Dietitian,
Cleveland Clinic



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Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.

*The CPE activity application for the webinar A Patient Centric Approach to Integrating Nutrition in Inflammatory Bowel Disease (IBD) Care is pending CDR review and approval for 1.0 CPEU.

**NUTRITIONAL
THERAPY** for IBD



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