



FREE
1.0
RN CE
RD CPEU

A Deeper Dive: Evidence-Based Strategies for Whole-Person Obesity Care, Optimizing Nutrition and Outcomes

LEARNING OBJECTIVES:

- Explore a deeper dive into evidence-based strategies for assessing nutritional status in patients with obesity.
- Investigate effective strategies for providing evidence-based nutrition interventions within the constraints of a busy clinical environment.
- Describe frameworks for integrating nutrition and lifestyle medicine into comprehensive obesity management plans.

WEBINAR INFORMATION:

Date: Tuesday, May 6, 2025

Time: 12:00 - 1:00 PM ET

[Webinar Registration Link](#)

SPEAKERS:



MODERATOR:

KARLI BURRIDGE
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EXPERT SPEAKERS:

COLLEEN DAWKINS
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Participants can only claim credit for one of the learning formats (live program, or self-study). To receive credit for the self-study program, participants must view the self-study program independently and complete the post-test and evaluation to obtain their certificate.

Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.

This educational activity awards CPEUs in accordance with the Commission on Dietetic Registration's CPEU Prior Approval Program.

