



**FREE**  
**1.0**  
**RN CE**  
**RD CPEU**

## A Deeper Dive: Evidence-Based Strategies for Whole-Person Obesity Care, Optimizing Nutrition and Outcomes

### LEARNING OBJECTIVES:

- Explore a deeper dive into evidence-based strategies for assessing nutritional status in patients with obesity.
- Investigate effective strategies for providing evidence-based nutrition interventions within the constraints of a busy clinical environment.
- Describe frameworks for integrating nutrition and lifestyle medicine into comprehensive obesity management plans.

### WEBINAR INFORMATION:

**Date:** Tuesday, May 6, 2025

**Time:** 12:00 - 1:00 PM ET

[Webinar Registration Link](#)

### SPEAKERS:



#### MODERATOR:

**KARLI BURRIDGE**

PA-C, MMS, FOMA

Founder, Gaining Health  
Past President, PAs in Obesity Medicine  
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#### EXPERT SPEAKERS:

**COLLEEN DAWKINS**

FNP-C, RDN, CSOWM

Nurse Practitioner  
Owner, Big Sky Medical Wellness  
Oxford, MS, USA



**ANGELA FITCH**

MD, FACP, MFOMA

Chief Medical Officer, Knownwell  
Needham, MA, USA



**KATIE ROBINSON**

PhD, MPH, RD, LD

Manager, Medical Science Liaison  
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Participants can only claim credit for one of the learning formats (live program, or self-study). To receive credit for the self-study program, participants must view the self-study program independently and complete the post-test and evaluation to obtain their certificate.

Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.

This educational activity awards CPEUs in accordance with the Commission on Dietetic Registration's CPEU Prior Approval Program.

