



WELCOME TO THE ABBOTT SYMPOSIUM

Nutrition, Diabetes and Obesity Care: Bridging Evidence and Clinical Practice

Available on-demand starting June 22, 2025 | 6:15 pm CT
When: Sunday, June 22, 2025 | Program 6:15 pm – 8:00 pm CT
Where: Regency Ballroom AB, Hyatt Regency McCormick Place in Chicago, IL

MODERATOR



Jeffrey I. Mechanick, MD, PhD(hc), FACP, FACN, MACE, FASPEN
Professor of Medicine; Medical Director, Marie-Josée and Henry R. Kravis Center for Clinical Cardiovascular Health at Mount Sinai Fuster Heart Hospital;
Director, Metabolic Support, Division of Endocrinology, Diabetes and Bone Disease
Icahn School of Medicine at The Mount Sinai Hospital, New York, NY

SPEAKERS



Robert Kushner, MD
Professor, Departments of Medicine and Medical Education, Northwestern University Feinberg School of Medicine
Chicago, Illinois



Ana Maria Gomez, MD
Head of Endocrinology,
Hospital Universitario San Ignacio
Professor of Medicine, Javeriana University
Bogotá, Colombia



Carla Prado, PhD, RD
Distinguished University Professor
Research Chair, Integrative Nutrition,
Body Composition & Energy Metabolism
Director, Human Nutrition Research Unit
University of Alberta
Edmonton, Alberta, CA

AGENDA

- 6:30 – 6:35 pm**
Welcome/Introductions
Dr. Jeff Mechanick
- 6:35 – 6:50 pm**
Advancing Care: Guideline-Directed Nutritional Interventions for Diabetes and Obesity
Dr. Bob Kushner
- 6:50 – 7:05 pm**
Benefits and Research Opportunities of Diabetes-Specific Formulas in Cardiometabolic-Based Chronic Disease
Ana Maria Gomez, MD
- 7:05 – 7:20 pm**
Optimizing Muscle Health with Incretin-Mimetic Therapies: The Role of Nutrition Interventions
Dr. Carla Prado
- 7:20 – 8:00 pm**
Moderated Q&A/Closing

We don’t want you to miss out on the great content that will be shared, so please **save the date and register** at your earliest convenience.

[REGISTER HERE](#)