



FREE
1.0
RN CE
RD CPEU

Human Milk: From Composition to Consumption

OBJECTIVES:

- Review current breastfeeding guidelines and policies.
- Compare and contrast the ecology and range of human milk consumption.
- Illustrate the benefits of human milk and breastfeeding for mother and infant.
- Discuss breastfeeding challenges and opportunities to support mother and infant.

SPEAKER:



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WEBINAR INFORMATION:

Tuesday, June 10, 2025 | 2 PM CST

[REGISTER HERE](#)

Thursday, August 7, 2025 | 11 AM CST

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Participants can only claim credit for one of the learning formats (live program, group program, or self-study). To receive credit for the self-study program, participants must view the self-study program independently and complete the post-test and evaluation to obtain their certificate.

Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.

This educational activity awards CPEUs in accordance with the Commission on Dietetic Registration's CPEU Prior Approval Program.

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