



FREE  
**2.5**  
RN CE  
RD CPEU

## The Research and Realities of Obesity Medications and Incretin-Based Therapies in Nutrition and Body Composition

### LEARNING OBJECTIVES:

- Discuss how obesity medications/incretin-based therapies, like GLP-1RAs may shape the field of nutrition in the future.
- Highlight the crucial role of muscle health during weight loss and for supporting overall health.
- Review fundamental body composition principles and examine the strengths and limitations of current body composition assessment techniques.
- Identify ways to interpret data and use it to inform nutrition interventions.
- Explore ways to support lasting behavior change, utilizing a practice model to enhance patient-centered care.

### DATES:

Wednesday, May 7, 2025  
Time: 12:00 - 2:30 PM ET

Wednesday, August 6, 2025  
Time: 12:00 - 2:30 PM ET

Wednesday, September 24, 2025  
Time: 12:00 - 2:30 PM ET

[Webinar Registration Link](#)

### SPEAKERS:



#### MODERATOR:

**DOMINIQUE R. WILLIAMS**

MD, MPH, FOMA, Dipl. ABOM  
Adult Medical Director  
Abbott Nutrition  
Columbus, OH, USA



#### EXPERT SPEAKERS:

**COLLEEN TEWKSBURY**

PhD, MPH, RD, CSOWM, LDN, FAND, FASMBS-IH  
Assistant Professor, Nutrition Science & Nursing in Surgery  
Perelman School of Medicine  
University of Pennsylvania  
Philadelphia, PA, USA



**NINA CROWLEY**

PhD, RDN, LD  
Director of Clinical Education & Partnerships  
seca Medical Body Composition  
Mt Pleasant, SC, USA



**GRANT TINSLEY**

PhD  
Associate Professor  
Director, Energy Balance & Body Composition Lab  
Texas Tech University  
Lubbock, TX, USA



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Participants can only claim credit for one of the learning formats (live program, or self-study). To receive credit for the self-study program, participants must view the self-study program independently and complete the post-test and evaluation to obtain their certificate.

Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.

This educational activity awards CPEUs in accordance with the Commission on Dietetic Registration's CPEU Prior Approval Program.

