

## ENTERAL NUTRITION TROUBLESHOOTING CHECKLIST

This checklist is a resource for healthcare professionals to help identify the root cause of enteral nutrition intolerance. It is important to walk through each step of the checklist in order to determine the best plan of care for your patient. For additional guidance, view the course Enteral Tube Feeding: Gastrointestinal Complications on anhi.org.



ENTERAL NUTRITION TROUBLESHOOTING CHECKLIST	NOTES
Does patient have a history of EN intolerance?	
□ If yes, what has previously been tried?	
□ If no, what has changed?	
Not applicable, new EN patient	
What is the current volume? Is it too much for the patient?	
Is the current method of delivery (bolus, gravity drip, continuous) an issue?	
When was the patient's last bowel movement?	
Have BMs been consistent? What is consistency of BM?	
Is the patient receiving medications causing constipation?	
Is the patient receiving medications causing diarrhea/loose BMs?	
Is the patient on chemotherapy or a treatment that may result in nausea/vomiting?	
When was the last time tube tip placement was confirmed?	
Is the patient well hydrated?	

KEY EN- Enteral Nutrition | BM- Bowel Movement

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