



FREE
1.0
RN CE
RD CPEU

A CONTINUING EDUCATION WEBINAR

ABBOTT NUTRITION HEALTH INSTITUTE IN COLLABORATION WITH THE INTERNATIONAL COUNCIL ON ACTIVE AGING

Beyond GLP-1s: Comprehensive Obesity Care to Promote Healthy and Active Aging

LEARNING OBJECTIVES:

- Define the key aspects of a comprehensive obesity management model for aging adults using obesity medications.
- Identify key lifestyle behaviors that support functional health in aging adults.
- Discuss the unique nutritional and health needs of aging adults using obesity medications, focusing on muscle health and mitigating nutrient deficiencies.

MEETING INFORMATION:

Date: Wednesday, November 12, 2025

Time: 12:00 PM – 1:00 PM ET

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FACULTY:

MODERATOR:



KRISTI MITCHELL
MPH

CEO & Founder Health Equity Outcomes
Founder & Principal, ATLAS CLARITY, LLC
Vienna, VA, USA

EXPERT SPEAKERS:



ROBERT F. KUSHNER
MD, MS

Northwestern University,
Feinberg School of Medicine
Division of Endocrinology
Chicago, IL, USA



MARY LOU PERRY
MS, RD, CDCES

Clinical Specialist
UVA Health
Heart and Vascular Center
Charlottesville, VA, USA



RENEE J. ROGERS
PhD, FACS

Senior Scientist,
Bio-Behavior Obesity & Activity Researcher
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Beyond GLP-1s: Comprehensive Obesity Care to Promote Healthy and Active Aging awards 1.0 CPEU in accordance with the Commission on Dietetic Registration's CPEU Prior Approval Program.