



FREE
2.0

RN CE
RD CPEU*

Advancing Comprehensive Obesity Care: Pharmacology, Personalization, and Lifestyle Integration

LEARNING OBJECTIVES:

- Identify the clinical rationale and evidence for obesity pharmacotherapy as outlined in the standards of care in overweight and obesity.
- Define the components of a shared decision-making approach that matches medications to individuals' goals, comorbidities, and safety considerations.
- Identify the key aspects of comprehensive obesity care plans and the role of nutrition, behavior change, and physical activity in obesity treatment
- Explore muscle health and quality and its connection to health outcomes and quality of life in individuals with obesity.

MEETING INFORMATION:

Date: Wednesday, July 29, 2026

Time: 12:00 - 2:00 PM ET

**CLICK HERE
TO REGISTER**



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*The CPE Activity application for Advancing Comprehensive Obesity Care: Pharmacology, Personalization, and Lifestyle is pending CDR review and approval for 2.0 CPEUs.