



FREE
1.0
RN CE
RD CPEU*

Best Practices for Managing Pediatric Dehydration & Effective Use of Oral Rehydration Therapy (ORT)

LEARNING OBJECTIVES:

- Define dehydration, including its prevalence, consequences, and association with increased nutritional risk.
- Review how to identify dehydration or risk for dehydration in clinical practice.
- Review clinical practice guidelines for the role of oral rehydration therapy (ORT).
- Discuss potential barriers and strategies to overcome barriers for ORT/dehydration management.
- Review the potential role of the outpatient HCP and caregiver in management and prevention.

FACULTY:



MODERATOR:
JOHN STUTTS
MD, MPH, FAAP
Pediatric Medical Director
Abbott Nutrition
Columbus, OH, USA



EXPERT SPEAKER:
STEPHEN B. FREEDMAN
MDCM, MSc
Professor of Pediatrics & Emergency Medicine
University of Calgary
Calgary, Alberta, CA

MEETING INFORMATION:

Date: Thursday, June 4, 2026

Time: 11:00 AM - 12:00 PM ET



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*The CPE Activity application for Best Practices for Managing Pediatric Dehydration & Effective use of Oral Rehydration Therapy (ORT) is pending CDR review and approval for 1.0 CPEUs.