

PROGRAM OBJECTIVES

- Identify the trends around perinatal cannabis use.
- Describe the impact that perinatal cannabis use will have on the neonate and family.
- Discuss how to counsel caregivers with sensitivity.
- Define growth expectations of term infants.
- Describe recommendations for breast and bottle-fed infants.
- Discuss feeding progressions of the first year.

WHO SHOULD ATTEND:

Advanced Practice Nurses, Clinical Nurse Specialists, Clinical Nutrition Managers, Lactation Consultants, Mother-Baby Nurses, Neonatal Registered Dietitians, Neonatal/Nursery Nurses, Neonatal Nurse Practitioners, Nurse Educators, Registered Dietitians, Registered Nurses, Labor and Delivery Nurses

REGISTRATION (ONLINE ONLY)

RN CE credit: **2**
RD CPEU credit: **2***

REGISTER ONLINE BY:
September 10, 2025

**CLICK HERE TO
REGISTER:**[https://
info.eatwellglobal.com/
anh091725](https://info.eatwellglobal.com/anh091725)

FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

For registration questions,
contact:
CRG - Margie Ospina
201-800-2484

Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.

*The CPE activity application for "Best Practices for Feeding Term Infants and Understanding Perinatal Cannabis Effects on Newborns" is pending CDR review and approval for 2 CPEUs.



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BEST PRACTICES FOR FEEDING TERM INFANTS AND UNDERSTANDING PERINATAL CANNABIS EFFECTS ON NEWBORNS

WEDNESDAY, SEPTEMBER 17, 2025
PROGRAM: 12:00 PM EDT - 2:00 PM EDT

VIRTUAL PRESENTATION

SPEAKERS

Rakhi Gupta Basuray, MD, FAAP
Sharon Groh-Wargo, PhD, RDN

THIS CONFERENCE QUALIFIES FOR:
2 CE_s FOR NURSES
2* CPEU_s FOR DIETITIANS

OUR SPEAKERS



Rakhi Gupta Basuray
MD, FAAP

Dr. Gupta Basuray graduated from The Ohio State University College of Medicine, completed her pediatric internship at Penn State Health Children's Hospital and residency at Loyola Medicine Children's Hospital, in the Chicago area.

Prior to re-locating to Columbus, Ohio, Dr. Gupta Basuray was a pediatric hospitalist with Cleveland Clinic Children's Hospital. While

there, she served as Director of the Quality Improvement Curriculum for the residency program and gained experience as Director of the In-Patient Child Protection Team.

Since her transition to Nationwide Children's, she has focused her clinical time within Newborn Medicine and currently serves as co-chair of the American Academy of Pediatrics, Neonatal Hospitalist Subcommittee, within the Section of Hospital Medicine.

She has come full circle, returning to The Ohio State University College of Medicine, holding positions within Undergraduate Medical Education as Director of the Knowledge for Practice Competency and Associate Academic Program Director for the third year students' clerkship year.

Dr. Gupta Basuray has presented at AAP conferences including National Convention & Exhibits, Pediatric Academic Societies annual meeting and Pediatric Hospital Medicine. She has published in AAP's journal, Hospital Pediatrics, on the MedEdPortal platform, a book chapter on Interprofessional Communication, amongst other work.



Sharon Groh-Wargo
PhD, RDN

Sharon Groh-Wargo PhD, RDN is Professor, Nutrition and Pediatrics, at Case Western Reserve University School of Medicine in Cleveland, Ohio. Dr. Groh-Wargo has over 40 years of clinical experience as a neonatal dietitian, is an internationally known speaker and researcher, and has authored numerous publications on neonatal nutrition. She is a contributor to all three editions of

the Academy of Nutrition and Dietetics' *Pocket Guide to Neonatal Nutrition* and authored a chapter on "Lactoengineering" for the 3rd edition of "*Infant and Pediatric Feedings*."

She participated in the *BEGIN Project - Breastmilk Ecology: Genesis of Infant Nutrition* - sponsored by the NIH and the Academy of Nutrition and Dietetics - which was convened to investigate human milk as a unique biological system. Dr. Groh-Wargo received the Academy of Nutrition and Dietetics' Medallion Award in recognition of her professional contributions.

12:00PM - 12:05PM

INTRODUCTION

12:05PM - 12:50PM

GETTING IN THE WEEDS WITH PERINATAL CANNABIS EXPOSURE: CONSIDERATIONS FOR THE INFANT

presented by Rakhi Gupta Basuray, MD, FAAP

12:50PM - 1:45PM

RECENT TRENDS IN THE NUTRITIONAL CARE OF HEALTHY, TERM BABIES

presented by Sharon Groh-Wargo, PhD, RDN

1:45PM - 2:00PM

Q&A / ADJOURN

Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials. If you have questions or concerns about an ANHI program meeting accreditation standards, please contact us or provide feedback to CDR: QualityCPE@eatright.org.