

# HUMAN MILK OLIGOSACCHARIDES

NOURISHING THE INFANT'S  
DEVELOPING IMMUNE SYSTEM

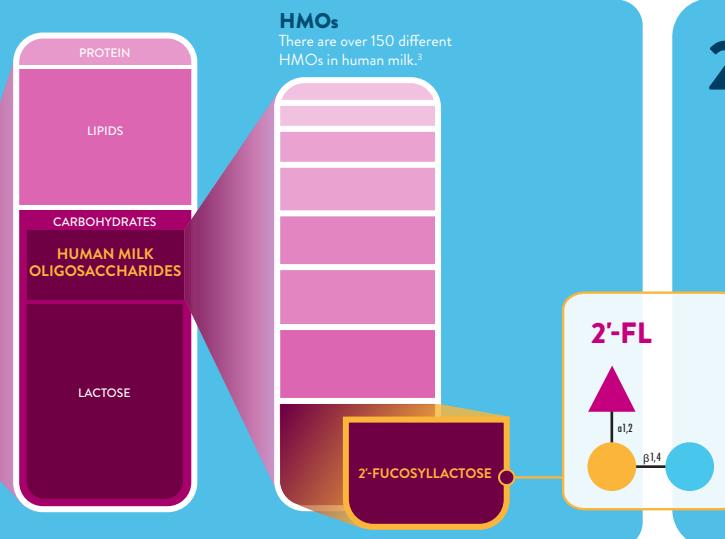
## WHAT ARE HMOs?

Unique prebiotics found in human milk | Food for beneficial bacteria in the infant's gut | 3rd most abundant solid component of human milk

### COMPONENTS OF HUMAN MILK<sup>1</sup>

Major nutritional components of human milk are: protein, carbohydrates, and lipids.<sup>2</sup>

#### HUMAN MILK



### 2'-FL HMO

- ✓ Approximately 75-85% of mothers secrete 2'-FL HMO in their breast milk.<sup>4,5</sup>
- ✓ 2'-FL added to formula has the identical structure as 2'-FL in human milk.<sup>6</sup>
- ✓ Prebiotics—food for beneficial bacteria.<sup>7</sup>
- ✓ In a clinical trial, 2'-FL has been shown to help in immune support by closing multiple gaps in immune function\* between formula-fed and breast-fed infants.<sup>8</sup>

\*as measured by circulatory inflammatory cytokines in a clinical study

### EARLY IMMUNE DEVELOPMENT

70%

of the immune system is in the digestive tract,<sup>9</sup> and prebiotics support colonization of the gut which helps support immune system development.<sup>10</sup>

#### BENEFITS OF 2'-FL HMO EXPAND BEYOND THE GUT TO SUPPORT THE IMMUNE SYSTEM.

- A small portion of 2'-FL HMO ingested is absorbed in the infant's intestine and reaches the systemic circulation.<sup>11-13</sup>
- In a clinical study, 2'-FL HMO was shown to lower levels of multiple inflammatory cytokines to be more like levels in breastfed infants.<sup>8</sup>
- In a clinical study of infants fed formula with 2'-FL HMO,<sup>8</sup> two markers of immune function associated with the severity of a respiratory infection (RSV) were more like breastfed infants than infants fed the same formula without 2'-FL HMO.\*

\*Using cells from infants' blood that were challenged with RSV ex vivo

### PREBIOTICS & MORE

Emerging research<sup>†</sup> indicates potential multifunctional benefits:



#### COGNITION<sup>14-16</sup>

- Learning & memory
- Long-term potentiation
- Brain molecular markers



#### IMMUNE SUPPORT<sup>6,8,17-21</sup>

- Pathogen receptor decoy
- Reduced symptoms of food allergy
- Immune modulation



#### GI TOLERANCE<sup>11, 22-25</sup>

- Prebiotic
- Gut motility

### SUPPORTING EVIDENCE<sup>‡</sup>

>50 PUBLICATIONS

provide preclinical and clinical evidence identifying the role of HMOs in health & development. (1995-2023)

<sup>†</sup>Refer to references

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