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**RN CE**  
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## A CONTINUING EDUCATION WEBINAR

ABBOTT NUTRITION HEALTH INSTITUTE IN COLLABORATION WITH THE INTERNATIONAL COUNCIL ON ACTIVE AGING

# Panel Discussion: Medicare, Nutrition, and Preventive Care

### LEARNING OBJECTIVES:

- Explain how Centers for Medicare & Medicaid Services (CMS) incorporates nutrition into quality measures, innovation models, and rural health transformation efforts.
- Describe the new Medicare Physical Activity and Nutrition Risk Assessment and identify recommended tools for assessing nutrition risk.
- Discuss practical community-based nutrition interventions that support preventive care and healthy aging.

### FACULTY:



**MODERATOR**

**AMY SHEPPS**

**RDN, MBA**

Director of Corporate Reimbursement  
Abbott Nutrition  
Washington, DC, USA



**PRESENTING PANEL**

**SHELBY HARRINGTON**

**MS, RN**

Managing Director, Evidence & Strategy  
Avalere Health  
Baltimore, MD, USA



**JAMES DORADO**

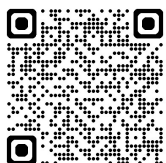
**MD, MHA**

Board Certified in Internal Medicine  
Board Member, Central Ohio Primary Care  
Westerville, OH, USA

### MEETING INFORMATION:

**Date:** May 19, 2026

**Time:** 12:00 PM – 1:00 PM EST



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\*The CPE Activity application for Panel Discussion: Medicare, Nutrition, and Preventive Care is pending CDR review and approval for 1.0 CPEU.