



FREE
2.0

RN CE
RD CPEU*

Newborn Care and Nutrition Under the Microscope: Evidence and Controversies

LEARNING OBJECTIVES:

- Analyze current scientific evidence and physiological rationale underlying routine newborn care interventions such as hepatitis B immunization, Vitamin K and ophthalmic erythromycin prophylaxis, car seat tolerance screening, tongue-tie management, and newborn toxicology testing.
- Apply evidence-based recommendations and shared decision-making strategies in the delivery of newborn care for these interventions.
- Evaluate current research on maternal micronutrients (i.e. fluoride, iodine), exposure and infant feeding practices.
- Assess the safety, regulatory considerations, and available evidence related to non-traditional human milk practices, including freeze-dried human milk and informal milk sharing.
- Discuss the evidence and guidelines for the feeding of infants born to persons living with or at risk for Human Immunodeficiency Virus (HIV).

MEETING INFORMATION:

Date: Tuesday, September 15, 2026

Time: 12:00 - 2:00 PM EDT

Location: Webinar

**CLICK HERE
TO REGISTER**



FACULTY:

MODERATOR:



MARY KAMINSKI

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EXPERT SPEAKERS:



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*The CPE Activity application for Newborn Care and Nutrition Under the Microscope: Evidence and Controversies is pending CDR review and approval for 2.0 CPEUs.