



FREE
1.0

RN CE
RD CPEU*

Optimizing Protein Intake in Pediatric Nutrition: Guidelines, Protein Quality, and Clinical Applications

LEARNING OBJECTIVES:

- Review current protein intake guidelines for children across different age groups.
- Explain the differences between protein quality in plant and animal-based sources and the importance in the pediatric diet.
- Discuss the role of protein intake in the management of pediatric malnutrition and overnutrition.
- Translate the evidence into clinical practice and dietary guidance.

MEETING INFORMATION:

Date: Wednesday, September 30, 2026

Time: 12:00 - 1:00 PM ET

Location: Webinar

Visit anhi.org to learn more about our nutrition science education and resources

FACULTY:

MODERATOR:



MARY KAMINSKI

DNP, APRN, NNP-BC

Manager, Pediatric Education
Abbott Nutrition Health Institute
Neonatal Nurse Practitioner (ret.)
Columbus, OH, USA

EXPERT SPEAKER:

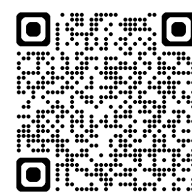


HEATHER LEIDY

PhD, FASN

Professor, University of Texas at Austin
Dept of Nutritional Sciences &
Dept of Pediatrics-Dell Medical School
Austin, TX, USA

CLICK HERE
TO REGISTER



Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.

*The CPE Activity application for Optimizing Protein Intake in Pediatric Nutrition: Guidelines, Protein Quality, and Clinical Applications is pending CDR review and approval for 1.0 CPEU.