



FREE  
1.0  
RN CE  
RD CPEU

## Peak Growth, Peak Opportunity: Optimizing Pediatric Bone Development for Lifelong Skeletal Health

### LEARNING OBJECTIVES:

- Describe the key stages of pediatric bone development.
- Explain why fracture risk increases transiently during growth spurts.
- Identify modifiable factors that influence pediatric bone strength.
- Discuss the synergistic roles of protein, vitamin D, and calcium in supporting bone accrual assessment.

### SPEAKERS:



**Lauren Spain**  
PhD, RDN, LD, CDCES,  
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Medical Science Liaison  
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**Andie Lee Gonzalez**  
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### MEETING INFORMATION:

Wednesday, October 21st at 12-1PM ET

Wednesday, December 2nd at 3-4PM ET



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