



2025 ESPEN 47TH CONGRESS

PLEASE JOIN THE ABBOTT NUTRITION HEALTH INSTITUTE FOR A SYMPOSIUM IN PRAGUE, CZECH REPUBLIC

Pioneering Muscle Health: Evidence-Based Nutrition for Cancer and Diabetes Management

THIS EDUCATIONAL EVENT IS NOT ELIGIBLE FOR HEALTHCARE PROFESSIONAL CONTINUING EDUCATION CREDIT

OBJECTIVES:

- Analyze disease-specific mechanisms of sarcopenia and malnutrition in oncology and diabetes, highlighting their impact on clinical outcomes.
- Evaluate nutritional screening and targeted interventions to optimize muscle health and nutritional status in patients with cancer and diabetes.
- Promote multidisciplinary approaches to enhance muscle function, recovery, and quality of life in chronic disease management.

MEETING INFORMATION:

Date: Saturday, 13 September 2025

Time: 12:00 – 13:30 CEST

Location: Forum Hall – Prague Congress Center, Prague, Czech Republic

2025 ESPEN Congress registration is required to attend this educational symposium

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FACULTY:



MODERATOR:

Sarcopenia and Disease-Related Malnutrition: Pioneering Global Solutions

ALFONSO J. CRUZ JENTOFT
MD, PhD

Head of Geriatric Services
Hospital Universitario Ramón y Cajal (IRYCIS)
Madrid, Spain



PRESENTING FACULTY:

Integrating Nutrition into Oncology: A Crucial Step for Better Patient Outcomes

BARRY J.A. LAIRD
MD

Chair, Palliative and Supportive Care Group
Institute of Genetics and Cancer
Professor, Palliative and Supportive Care
University of Edinburgh
Edinburgh, Scotland



Sarcopenia and Diabetes: Tailored Nutritional Approaches for Muscle Health

FRANCESCO GIORGINO
MD, PhD

Professor of Endocrinology
Head, Section of Internal Medicine, Endocrinology, Andrology & Metabolic Diseases
Chief, Division of Endocrinology
University Hospital Policlinico Consorziale Bari
Bari, Italy



Nutritional Solutions Across Chronic Conditions: The Role of HMB in Muscle Health

MARIA BALLESTEROS-POMAR
MD, PhD

Chief of Endocrinology and Nutrition
University Hospital Complex of León (CAULE)
León, Spain