



WELCOME TO THE ABBOTT ANHI SYMPOSIUM

Sarcopenia and Diabetes Care: Muscle Health and Targeted Nutrition

Available on-demand starting June 7, 2026 | 6:15 pm CT

When: Sunday, June 7, 2026 | Program 6:15 pm – 8:15 pm CT

Where: Grand Ballroom AB, Hilton New Orleans Riverside, New Orleans, LA

AGENDA

6:30 – 6:45 pm

Opening & Overview of Symposium

Dr. Carla Prado

6:45 – 7:00 pm

The Metabolic Importance of Skeletal Muscle in Type 2 Diabetes

Dr. Francesco Giorgino

7:00 – 7:15 pm

From Glycemic Control to Remission: The Role of Diabetes-Specific Nutrition Formulas

Dr. Osama Hamdy

7:25 – 7:40 pm

Turning Evidence Into Practice: Nutrition Strategies for Better Diabetes Outcomes

Dr. Jeffrey Winterstein

7:40 – 8:15 pm

Summary, Panel Q&A and Closing Discussion

MODERATOR



Carla Prado, PhD, RD

Distinguished University Professor
Research Chair, Integrative Nutrition, Body Composition & Energy Metabolism, Director of the Human Nutrition Research Unit, University of Alberta
Edmonton, Alberta, Canada

SPEAKERS



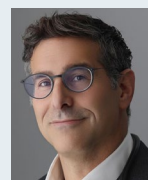
Francesco Giorgino, MD, PhD

Professor of Endocrinology, Head, Section of Internal Medicine, Endocrinology, Andrology & Metabolic Diseases, Chief, Division of Endocrinology, University Hospital Policlinico Consorziale Bari
Bari, Italy



Osama Hamdy, MD, PhD, FACE

Senior Staff Physician, Medical Director, Obesity Clinical Program, Joslin Diabetes Center, Associate Professor of Medicine, Harvard Medical School
Boston, MA, USA



Jeffrey Winterstein, MD, MSc

Diabetologist and General Internal Medicine Specialist, Co-Founder Enoch Diabetes Health Program, Co-Founder First Nations Telehealth Diabetes Clinic WestEd Medical Clinic
Edmonton, Alberta, Canada

Please **save the date and register** at your earliest convenience.

If you are attending the Symposium online, please click the “Register” button

REGISTER

If you are attending the event in person,* please visit <https://corereg.cmrus.com/ada2026> to register for our Corporate Symposium at the American Diabetes Association’s 2026 Scientific Sessions, or go to Assisted Registration located in Lobby D-E on Level 1 of the Ernest N. Morial Convention Center to check availability and register while in New Orleans.

*If our Symposium is sold out, you may check at the door 15 minutes prior to the event to see if space has become available.